



**LONG BEACH ROWING ASSOCIATION
LEARN-TO-ROW PARTICIPATION FORM**

P.O. Box 3879
Long Beach, CA 90803
(562) 438-3352 or (562) 270-5769
membership@longbeachrowing.org

Please print all information legibly and return to LBRA registration.

NAME: _____

HOME ADDRESS: _____
Street address including apartment number (if any)

_____ City State Zip Code

PHONE (h): () _____ (w): () _____ (cell) : () _____

EMAIL ADDRESS: _____ BIRTH DATE: ____/____/____

How did you hear about LBRA's Learn-to-Row? Please mark all that apply

- | | | | |
|------------------|--------------------------|---------|--------------------------|
| Banners/Posters: | <input type="checkbox"/> | Roworx: | <input type="checkbox"/> |
| Newspaper: | <input type="checkbox"/> | Friend: | <input type="checkbox"/> |
| Facebook: | <input type="checkbox"/> | Other: | _____ |

Can you swim? Yes _____ No _____

PROGRAM PARTICIPATION INTEREST: Mark all that apply

- | | |
|---|--------------------------|
| Novice Single Sculling (two oars per person): | <input type="checkbox"/> |
| Big Boat Sculling (two oars per person): | <input type="checkbox"/> |
| Sweep Rowing (one oar per person): | <input type="checkbox"/> |

Are you interested in being contacted about LBRA Learn-to-Row camps or Membership? Yes _____ No _____

The undersigned is interested in participation in a Learn-to-Row event hosted by the Long Beach Rowing Association and promises to abide by the constitution and by-laws of LBRA and its policies respecting the use of the club facilities and equipment. Participant fully understands Participant is fully responsible financially for damage to the Club equipment for which Participant is responsible. Signature below includes agreement of waiver on page two (back side of this form).

Signature of applicant: _____

Date ____/____/____

Waiver Form

(The USRowing Waiver Form)

In Consideration of being given the opportunity to participate in any LONG BEACH ROWING ASSOCIATION (“Club”) activities (“activity”) until the end of this fiscal year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of rowing activities, both on and off the water and land based, and that I am qualified, in good health and in proper physical condition to participate in any Activity.
2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death (“risks”); (b.) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releases named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the activity.
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any

sponsors, advertisers, and if applicable owners and lessors of premises, on which the Activity takes place, (each considered one of the releases herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, I, or anyone on my behalf, makes claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be complete and unconditional release of any liability to the greatest extent allowed by law and agree that if any portion of this agreement is held invalid, the balance, notwithstanding, shall continue in full force and effect.

(Signature block is on front side of this form)