

1932 Olympic Venue
Long Beach, CA
Marine Stadium



IN COOPERATION WITH



Beach
CREW ALUMNI ASSOC.



2017 SoCal Opening Day Regatta

Saturday, March 4, 2017 • Marine Stadium • Alamitos Bay

REVISION PreA - 7/26/2016
REVIEWED BY THE CITY OF LONG BEACH MARINE BUREAU

About the Regatta

The Long Beach Rowing Association will be the premiere host the 2017 SoCal Opening Day Regatta. Traditionally open to collegiate teams, this regatta is open to all college teams and organizations with Masters teams. College and Masters 2000m events will be in the morning prior to 10:00AM. 900m events for Open and Masters entries will be after 10:30AM in the Long Beach Marine Stadium.

Regatta Information

This document and other regatta information can be found at the address below. **Please be advised that this document may be revised up to the day of the event. Be sure to check often and before you arrive.** <http://www.longbeachrowing.org/socalopeningday>

Regatta Policies

- College Men's and Women's Sprint Categories (Varsity, JV, Novice, Lightweight) for 8+ and 4+
- Four lanes per 2k event and straight finals for each category.
- Masters handicaps are based on the 2017 Rules of Rowing
- Athletes may participate in as many events as desired by their coach unless otherwise noted below.
- Seeding of college events are based off results of the 2016 WIRA Championships or similar event
- One entry in an event will result in cancellation or become designated as an excursion
- Due to the nature of the course, we can only accommodate up to four boats in a 2k event. Therefore, we ask that each institution only submit one entry per event. If space allows an additional entry ("B" or "C" boats), we may add it on a case by case basis.
- Novice athletes may not have rowed before August 1, 2016 in a collegiate/open event

Schedule of Events

7:00 AM	Coaches/Coxswains Meeting
7:30 AM	Referee Meeting (Pete Archer Boathouse)
7:30 AM	Crews Launch
8:00 AM	2000m Races Begin
10:30 AM	900m Races Begin

Subject to Change Prior to Race Day

Entry Deadline

Regular entries must be received by **11:59PM, Wednesday, February 22, 2017**. Late entries may be accepted up **11:59PM, Wednesday, March 1, 2017**, for an additional late fee. **Day of race entries will NOT be accepted.** Entries may be scratched up to the day of the race. Entries will be made via RegattaCentral.com.

Waiver

This is a USRowing Registered Regatta. **The 2017 Rules of Rowing will be in full force.** Each competitor must sign the online Release and Waiver of Liability and Indemnity Agreement at <http://www.usrowing.org>. If the competing athletes have already signed the waiver at another USRowing event in this calendar year, another waiver is not necessary.

Check-in

Participants and teams may check-in at the "5S" building on the northwest end of the Marine Stadium beach from 6:00 AM to 7:00 A.M. on Saturday, March 4, 2017. All participants must be checked in by 7:00 A.M. on race day. A final race schedule will be released prior to the event. Entry fees will be due at this time if not processed on Regatta Central.

Coaches/Coxswains Meeting

The chief referee and regatta staff will conduct a meeting at 7:00 AM at the “5S” building on the northwest end of the Marine Stadium beach to review any changes and important items before the crews launch. Any questions or concerns can be addressed at that time.

Awards

No medals or trophies are being offered this year.

Racing for Shirts

All college competitors in men’s events are expected to race for shirts. The overall event winner will collect shirts from all other crews entered in the event. Competitors in women’s events may race for shirts on an ad-hoc basis.

Parking

Parking is available at the Marine Stadium beach in various parking lots. There is a large lot available for busses transporting an entire team. Shell trailers may be parked along the pavement next to the beach area (see map on next page). **Please DO NOT park trailers at the Pete Archer Rowing Center or along Boathouse Lane.**

Please note that the Paoli parking lot is for team vehicles and trailers only. The gate will be locked prior to race time. Guests are advised to use the parking lot at the main gate off Nieto Avenue. See the attached maps for further details. All cars will exit through the main gate.

Long Beach Marine Stadium / Main Parking Lot
350 Nieto Ave
Long Beach, CA 90814

The gate located on LaVerne Avenue will not be accessible throughout the weekend.

Directions to Marine Stadium / Paoli Parking Lot / Main Gate

405 Freeway

- From the 405 freeway in Long Beach, off on Bellflower Blvd
- Continue south on Bellflower Blvd. (towards ocean), pass Pacific Coast Highway, head down the hill
- At the first stop sign turn right (Colorado St)
- Turn left at Nieto Ave
- *** Guests enter Marine Stadium here, team vehicles proceed ahead to Paoli Way**
- Turn left on Appian Way
- Before the bridge, turn left on Paoli Way, proceed through gate

Launch Site

All crews should plan on launching from the beach at Marine Stadium, unless other arrangements have been made with CSU Long Beach at the Pete Archer Rowing Center, located at 5750 Boathouse Lane. No indoor storage is available at the PARC. As a reminder, please bring your own slings. Restroom facilities are available near the parking lot and other areas along Marine Stadium. The Marine Stadium beach is located off of Appian Way on Paoli Way. The following address can be used to provide directions using Google/Bing maps:

Long Beach Marine Stadium / Paoli Parking Lot
5499 Paoli Way
Long Beach, CA 90803

Trailer Drop-off & Staging

The Paoli Way gate will be open on **Saturday, March 4, starting at 6:00 A.M.** The gate cannot be open earlier due to city regulations, however, crews may walk in at any time. To accommodate traveling crews staying overnight, we will open the gate on **Friday, March 3, from 4:00 P.M. to 7:00 P.M.** unless other arrangements are made. Only team vehicles may pass through this gate. See parking section above. **Please note that the trailers cannot block the roadway along the beach as this is a designated fire lane. Do not stage any boats in this area.** Use the beach for rigging/de-rigging of shells.

Courtesy

The Marine Stadium is located in a residential neighborhood. We ask that you respect the privacy of our neighbors by keeping the noise down prior to 7:00 A.M.

Spectators/Parents/Guests

Spectators and parents may gather along the beach area, or along the concrete paths around Marine Stadium. This is ideal as it gives the viewers a full view of the entire course from 1,500 meters to the finish line.

Please **DO NOT** confront the regatta staff or gather in front of the judges' stand at the 3S building finish line. Thank you.

Please see the parking section above on how to enter through the main gate.

Traffic Pattern (see maps on next page)

When departing the Marine Stadium Beach, watch for any boat traffic traveling through the Cerritos Chanel.

Crews may warm-up in Alamitos Bay and around Naples Island. Follow a counter-clockwise path around Naples Island to warm up before meeting at the starting line. When crews head to the starting line, be prepared to stop for boats proceeding down the course in an event. Once the boats in the event pass, your boat may proceed to the starting line or line-up areas.

If your boat chooses to warm-up around Naples Island, be aware of one-way rowing traffic in the "sweat box." There is no passing of boats or racing through this area. Thank you for your cooperation.

Additional information and advisories about the course will be mentioned at the coaches/coxswains meeting.

A run-through video of the Alamitos Bay and Marine Stadium is available online:

<http://www.beachcrew.org/location/>

For More Information

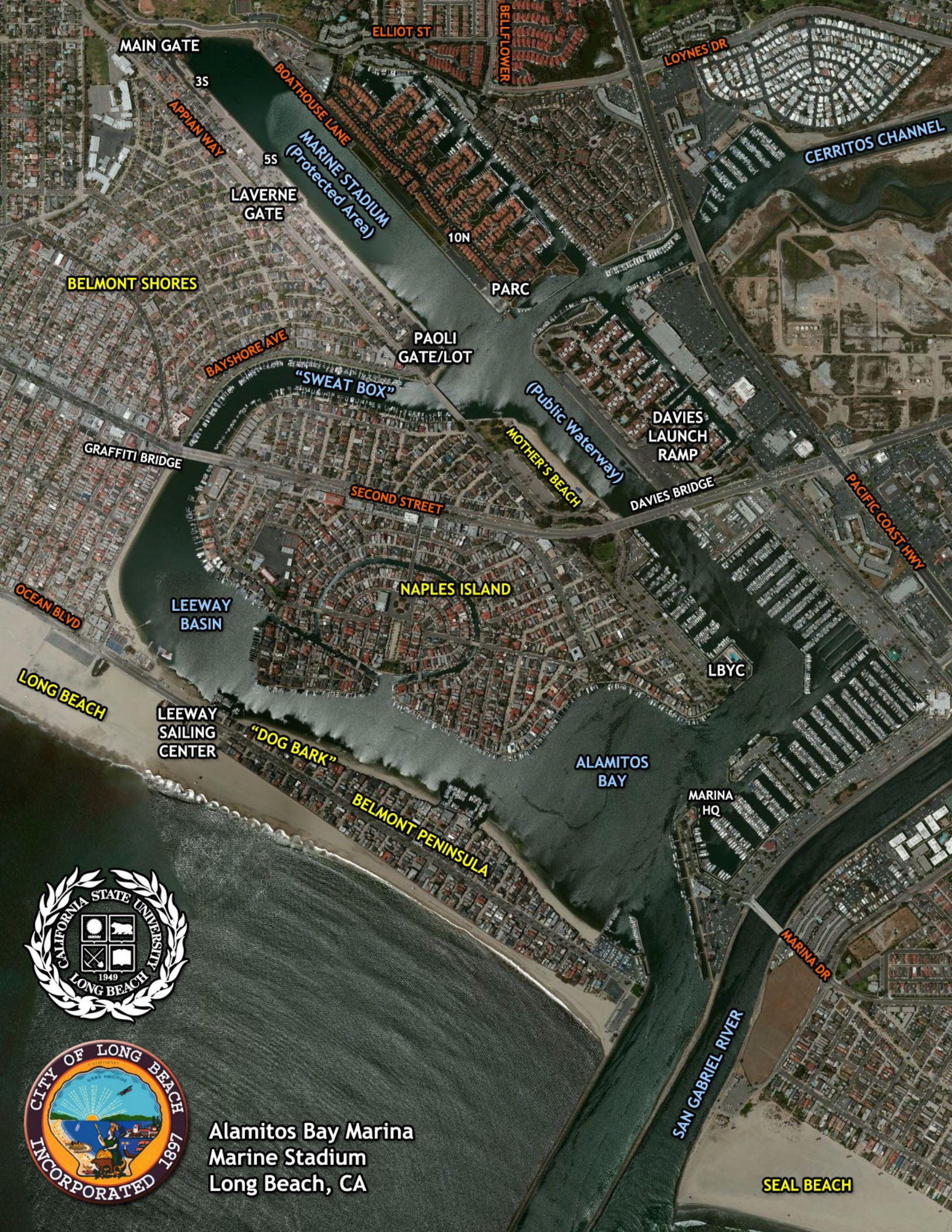
Contact Rob Glidden at LBRA

Rob Glidden, Regatta Director
starboardsculler@gmail.com

Jim Litzinger, LBRA President
jimlitz@outlook.com

US Rowing Chief Officials:

Brandin Grams (Chief Referee)
Richard Lund (Deputy Chief)



MAIN GATE

ELLIOT ST

BELFLOWER

LOYNES DR

CERRITOS CHANNEL

3S

5S

10N

LAVERNE GATE

MARINE STADIUM
(Protected Area)

PARC

BELMONT SHORES

PAOLI GATE/LOT

BAYSHORE AVE

"SWEAT BOX"

(Public Waterway)

DAVIES LAUNCH RAMP

GRAFFITI BRIDGE

SECOND STREET

DAVIES BRIDGE

PACIFIC COAST HWY

NAPLES ISLAND

LEEWAY BASIN

LBYC

OCEAN BLVD

LONG BEACH

LEEWAY SAILING CENTER

"DOG BARK"

BELMONT PENINSULA

ALAMITOS BAY

MARINA HQ

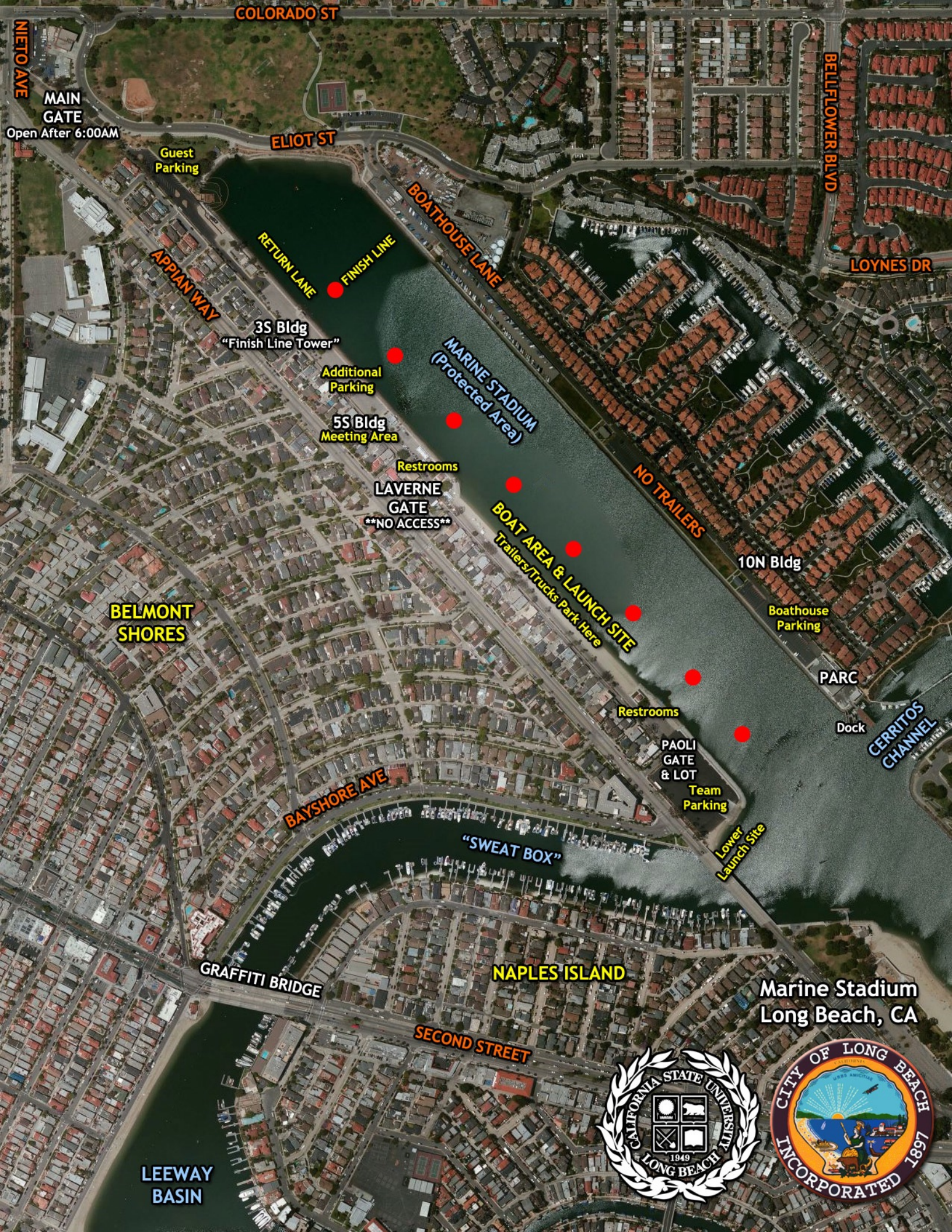
MARINA DR

SAN GABRIEL RIVER

SEAL BEACH



Alamos Bay Marina
Marine Stadium
Long Beach, CA



NIETO AVE

COLORADO ST

MAIN GATE

Open After 6:00AM

Guest Parking

ELIOT ST

BELFLOWER BLVD

LOYNES DR

APPIAN WAY

RETURN LANE

FINISH LINE

BOATHOUSE LANE

3S Bldg
"Finish Line Tower"

Additional Parking

5S Bldg
Meeting Area

Restrooms

LAVERNE GATE
NO ACCESS

MARINE STADIUM
(Protected Area)

NO TRAILERS

BOAT AREA & LAUNCH SITE
Trailers/Trucks Park Here

10N Bldg

Boathouse
Parking

PARC

Dock

CERRITOS CHANNEL

BELMONT SHORES

Restrooms

PAOLI GATE & LOT
Team
Parking

Lower
Launch Site

BAYSHORE AVE

"SWEAT BOX"

GRAFFITI BRIDGE

NAPLES ISLAND

Marine Stadium
Long Beach, CA

SECOND STREET

LEEWAY BASIN





Head Race Course
Marine Stadium
Alamitos Bay Marina
Long Beach, CA



3S Bldg
"Finish Line Tower"

FINISH

5S Bldg

RETURN LANE

500m Pole

10N Bldg

PARC

1000m Pole

CERRITOS CHANNEL

DAVIES LAUNCH RAMP

DAVIES BRIDGE

1500m at bridge

LBYC

START

2000m at Start

WARM UP

"DOG BARK"
BELMONT PENINSULA

NAPLES ISLAND

SECOND STREET

APPLIAN WAY

GRAFFITI BRIDGE

"SWEAT BOX"
SINGLE FILE ONLY
NO PASSING

TURN AROUND
DO NOT PASS

LEEWAY SAILING CENTER

REGATTA STAFF
LB LIFEGUARD