

THE BEACH SPRINTS – JANUARY 24, 2010

EVENTS

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| 1. Junior Novice Women | 16. Vet. Ltwt. Men (55-59 yrs.) | 31. Masters Ltwt. Men (30-39 yrs.) |
| 2. Junior Novice Men | 17. Vet. Men (55-59 yrs.) | 32. Coxswains Men and Women
(Cox - Female: 120 lbs; Male: 130 lbs.) |
| 3. Junior Lightweight Women | 18. Vet. Ltwt. Women (55-59 yrs.) | 33. Collegiate Nov. Ltwt. Women |
| 4. Junior Lightweight Men | 19. Vet. Women (55-59 yrs.) | 34. Collegiate Novice Ltwt. Men |
| 5. Junior Women | 20. Vet. Ltwt. Men (50-54 yrs.) | 35. Collegiate Novice Women |
| 6. Junior Men | 21. Vet. Men (50-54 yrs.) | 36. Collegiate Novice Men |
| 7. Vet. Men (80+ yrs.) Hvy. & Ltwt. | 22. Vet. Ltwt. Women (50-54 yrs.) | 37. Collegiate Ltwt. Women |
| 8. Vet. Men (75-79 yrs.) Hvy. & Ltwt. | 23. Vet. Women (50-54 yrs.) | 38. Collegiate Ltwt. Men |
| 9. Vet. Men (70-74 yrs.) Hvy. & Ltwt. | 24. Senior Women (40-49 yrs.) | 39. Collegiate Women |
| 10. Vet. Ltwt. Men (65-69 yrs.) | 25. Senior Ltwt. Women (40-49 yrs.) | 40. Collegiate Men |
| 11. Vet. Men (65-69 yrs.) | 26. Senior Men (40-49 yrs.) | 41. Open Ltwt. Women |
| 12. Vet. Women (65+ yrs.) Hvy & Ltwt. | 27. Senior Ltwt. Men (40-49 yrs.) | 42. Open Ltwt. Men |
| 13. Vet. Ltwt. Men (60-64 yrs.) | 28. Masters Women (30-39 yrs.) | 43. Open Women |
| 14. Vet. Men (60-64 yrs.) | 29. Masters Ltwt. Women (30-39 yrs.) | 44. Open Men |
| 15. Vet. Women (60-64 yrs.) Hvy. & Ltwt. | 30. Masters Men (30-39 yrs.) | |

ENTRY FORM – FILL OUT FORM FOR EACH ENTRY

Cut Here

Name: _____ Age on Race Day: _____
(Juniors born on or after 1/01/1992)

ERG SCORE – Best recent 2,000 Meter Erg Score: _____: _____ (min.: sec.) Date of Birth: _____/_____/_____
Month Day Year

Address: _____ Event No. _____ Check if lightweight: []

City: _____ State _____ Zip: _____ E-mail: _____

Telephone: () _____ Club or School _____

Check here if you would like to be listed as "Unaffiliated": []

Send form plus \$20.00 (\$15.00 for students), payable to: **L.B.R.A.** and mail to:

The Beach Sprints, 3399 E. 19th Street, Signal Hill, CA 90755

LEGAL WAIVER MUST BE COMPLETED AND SIGNED:

In consideration of the acceptance of this entry in said regatta, we, the undersigned, participant, intending to be legally bound, do hereby for ourselves, or heirs, executors, and administrators, waive release and forever discharge any and all rights and claims for damages which may hereafter accrue to us against any and all persons, organizations, and legal entities affiliated with such regatta, more particularly, the Long Beach Rowing Association, C.S.U.L.B., and the City of Long Beach, together with their respective officers, agents, employees, successors, assigns, and/or sponsors; for any and all damages which may be sustained or suffered by us in connection with, or entry in, and/or arising out of our traveling to, participating in, and returning from said regatta. This waiver is executed by the undersigned notwithstanding section Sec. 1542 of the California Civil code.

Signature: _____ Date _____/_____/_____

Signature of Entrant or Signature of Parent or Guardian (if under 18)